



2006 ARMED FORCES MEN'S AND WOMEN'S MARATHON CHAMPIONSHIP

1. **COMPETITION RULES:** Current IAAF Rules, as amended by the Armed Forces Sports Council (AFSC), if applicable. The Armed Forces Championship is conducted in conjunction with the Marine Corps Marathon.
2. **COURSE DISTANCES:** CISM/ Olympic Distance: 26.2 miles
3. **SCORING:** Men and women team awards will be separated. Team standings are determined by adding the raw chip times of the top three male finishers and the top two female finishers from each team. The team with the lowest total time wins.
4. **TIE BREAKER POLICY:** Time of first non-scorer for each team (Either the fourth male or the third female).

5. **SCHEDULE OF EVENTS:**

Thursday Teams Arrive

Friday Organizational Meeting
Registration
Course Review

Saturday Team Photos
Armed Forces Race Meeting

Pasta Dinner -Team members must attend the event in their service polo shirt with slacks (color determined by Service), and appropriate foot wear (no sneakers and sandals). Male personnel cannot wear earrings.

Sunday Competition Commences
Awards Ceremony

Awards Ceremony - Service teams are required to wear like-Service issued team apparel or competitive uniforms at the awards ceremony. Individual athletes who do not comply will not receive awards or be selected to the Armed Forces team.

Monday Teams Depart

Note: Events may change as determined by the competition organizers.

6. TEAM STANDINGS: See paragraph 3.

7. AWARDS:

a. Individual: Awards are given to the top three finishers in the men's and women's divisions.

b. Team Award: Individuals awards are given to each member of the first place and second place teams (to include the OIC)).

8. TEAM COMPOSITION - ARMED FORCES CHAMPIONSHIP: Team points and awards will only be awarded to official Service Team members. Roster not to exceed 9 individuals:

5 Men
3 Women
1 OIC

9. TEAM COMPOSITION - CISM: As follows or as dictated by host country invitation:

3 Men
3 Women
1 Coach
1 Certified Athletic Trainer
1 Team Captain
1 Tech Committee Member
1 Chief of Mission
TOTAL: 11

10. FORMS AND ROSTERS: All Higher Level Advancement forms and Service Team Rosters for the Armed Forces Championship must be turned into the Host Project Officer at the Organizational Meeting.